



An Expert Talk on “Emotional Stability for Women” was organised by Sister B.K Rupa, Associated with Brahma Kumaris on 23 July 2022. The session was attended by 200+ students.




INDIRA GANDHI DELHI TECHNICAL
UNIVERSITY FOR WOMEN



IGDTUW Hostels and Department of
Applied Sciences and Humanities

Emotional Stability for Women



Sister B K Rupa
M.B.A (Self Management & Crisis
Management)
Associated with Brahma Kumaris for
over 20 years

Date : 23 July 2022
Time : 3:00 pm to 4:00 pm

Meeting link:
[https://meet20.webex.com/meet20/j.php?
MTID=mfc009c71fee0b770c9eff593ffbc794a](https://meet20.webex.com/meet20/j.php?MTID=mfc009c71fee0b770c9eff593ffbc794a)
Meeting number: 2555 645 0501
Password: IGDТУW
Host key: 792890